# Appearance Matters 6: Draft Academic Programme

**Tuesday 1 July**

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<tr>
<th>Time</th>
<th>Session/Activity</th>
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<tr>
<td>9.00</td>
<td><strong>REGISTRATION &amp; COFFEE</strong></td>
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<td>10.00</td>
<td><strong>INTRODUCTION &amp; WELCOME</strong></td>
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<td>10.15</td>
<td><strong>SESSION 2:</strong> Kyoto Tylka: Positive Body Image: Individuation, Measurement, and Analytic Findings <strong>KEYNOTE ADDRESS SUPPORTED BY THE DOVE SELF ESTEEM PROJECT</strong></td>
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<td>11.00</td>
<td><strong>TEA &amp; COFFEE</strong></td>
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| 11.30 | **SESSION 1:** Symposium **Appearance matters in breast cancer: Decision-making, expectations, coping and construction**  
**Convenors:** Fiona Holland and Lisa Rubin  
F.G. HOLLAND, J. MONTAGUE, S. ARCHER  
‘Do you mean I’m not whole?’: Younger women’s experiences of electing to not undergo breast reconstruction after mastectomy following breast cancer.  
M.C. MAZZA, L.R. RUBIN, A.S., PUSIC,  
Articulating Expectations for Breast Reconstruction  
M. PILKINGTON, D. HARCOURT, N. RUMSEY, D. O’CONNOR, J. BRENNAN,  
“This is a journey, this isn’t a quick fix”: Breast cancer patients’ experiences of treatment-related hair loss and a camouflage-based support service  
J. MONTAGUE, F. HOLLAND, M. LINSOCTT,  
Constructions of Breast Cancer in the UK Media |
| 12.50 | **SESSION 3:** Individual Papers **(extended session)**  
S. DANIELSDOTTIR, E.B. AGUSTSDOTTIR, F. THORSODTIR, & F.H. JONSSON,  
Body Image  
E HALLIWELL, P. DIEDRICHs  
The Succeed Body Image Programme: Evaluating the effectiveness of a peer-led body image program on a broad range of outcomes.  
G. S. JANKOWSKI, H. FAWKNER, B. GOUGH, E. HALLIWELL, P. C. DIEDRICHs  
Effectiveness of appearance idolization intervention.  
M.J. ATKINSON, T.D. WADE  
A novel approach to eating disorder prevention: Evaluation of a mindfulness-based approach to reducing the risk of eating disorders in young females  
C. LUNDE  
Is sport participation among high school girls a protective factor against the development of body image concerns?  
Might an online survey influence tanning behaviour in college women?  
B. BARRY, D. DRAK  
Transforming men’s body anxiety into body confidence: Body image across masculinities.  
S. GROGAN, K. FLETT, A. WILLIAMS, D. CLARK-CARTER, E. BUCKLEY  
Using age-progression facial morphing to promote health. (20min presentation & 20min demonstration) |
| 13.50 | **SESSION 4:** Individual Papers  
M. TIGGEMANN, E. COUTTS, L. CLARK  
Belly dance: An embodying activity associated with positive body image  
R. ANDREW, M. TIGGEMANN, L. CLARK  
is positive body image more than just a lack of body dissatisfaction? Predictors and health-related outcomes in young women.  
J. MILLS, M. FULLER-TYSKIEWICZ,  
The impact of fat talk on state body image  
S. RILEY, S. STAFFORD SMITH  
Being seen through another’s eyes: The role of looking in young women’s body image development  
N. PIRAN  
Embodying the ‘ideal girl’ appearance in adolescence: the eroding journey to elusive power.  
A. FRISÉN, S. BERNE  
Appearance matters on the internet  
N. DEIGHTON-SMITH, B. BELL  
Is the #fitspiration culture on social media inspirational, healthy, or harmful? A content analysis of Instagram images.  
E. RAHTZ, K. BHUI, A. KORSZUN, I. HUTCHISON  
Psychological distress and appearance concerns following facial injury  
W.M. FREYSTEINSON, S.K. CESARIO, A.S. DEUTSCH, C. LEWIS, A. SISK, L. WUEST  
A model for understanding the experience of viewing self in the mirror after disfiguring surgery  
A.M. MARTINDALE  
Car crashes, wars and cancer: identity shift and acquired facial ‘disfigurement’  
K. GARBETT, H. BUCHANAN, D. HARCOURT |
| 14.00 | **LUNCH & POSTERS**                                                               |
| 14.00 | **SESSION 5:** Individual Papers  
S. RILEY, S. STAFFORD SMITH  
Being seen through another’s eyes: The role of looking in young women’s body image development  
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<th>Time</th>
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<th>Convenors/Authors</th>
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<tbody>
<tr>
<td>15.40-16.00</td>
<td><strong>SESSION 7: Symposium</strong></td>
<td><strong>‘I want you to tell me a story’: Using story completion to explore perceptions and constructions of appearance and embodiment</strong></td>
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<td><strong>Convenors</strong>: Victoria Clarke and Nikki Hayfield</td>
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<td><strong>THE STORY COMPLETION RESEARCH GROUP, UWE</strong></td>
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<td><strong>Using story completion to explore the meanings of appearance and embodiment</strong></td>
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<td><strong>I. TISCHNER</strong></td>
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<td><strong>Gendered constructions of weight-loss perceptions and motivations</strong></td>
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<td><strong>N. MOLLER</strong></td>
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<td><strong>Assumptions about fat counsellors: Findings from a story-completion task</strong></td>
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<td><strong>V. CLARKE, M. WOOD</strong></td>
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<td><strong>Telling tales of the unexpected: Using story completion to explore constructions of non-normative body hair practices</strong></td>
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<td><strong>N. HAYFIELD, M. WOOD</strong></td>
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<td><strong>Exploring sexuality and appearance using story completion and visual methods</strong></td>
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<td>16.00-16.30</td>
<td><strong>SESSION 8: Symposium</strong></td>
<td><strong>“We should look to the mind, and not to the outward appearance”: Multi-method research on the role of identity and self-determination in the link between ideal body values and well-being</strong></td>
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<td><strong>Convenor</strong>: Megan Hurst</td>
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<td><strong>J. VERSTUYF, B. SOETENS, M. VANSTEENKISTE, B. SOENENS, L. BOONE</strong></td>
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<td><strong>Motivation Matters! An examination of the relationships between motives for eating regulation and eating behaviours</strong></td>
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<td><strong>M. HURST, H. DITTMAR, R. BANERJEE, V. COUNIHAN</strong></td>
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<td><strong>The role of guilt in appearance goals’ influence on body anxiety: An experimental test of mediation</strong></td>
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<td><strong>E. ASHIKALI, H. DITTMAR</strong></td>
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<td><strong>The effect of cosmetic surgery TV on adolescent girls’ body image</strong></td>
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<td><strong>H. DITTMAR, M. EASTERNBROOK, R. BANERJEE, M. WRIGHT, M. HURST</strong></td>
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<td><strong>When the pursuit of ‘looking good’ is bad for you: Longitudinal evidence on the links between body ideal values, identity, and well-being in primary and secondary school children.</strong></td>
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| 17.20-18.30 | **POSTER SESSION**                                                          | **To showcase different health care models providing psycho-social care for patients with disfigurements and their families** |
| 17.20-18.30 | **SYMPOSIUM SUPPORTED BY CHANGING FACES**                                    | **E NOBLE, R SHAH, S RANOOTE & T MYATT**                                         |

| 19.00  | **DRINKS RECEPTION supported by Changing Faces**                             |
| 20.00  | **DINNER at Goldbrick House**                                               |
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**Wednesday 2 July**

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<tr>
<th>Time</th>
<th>Session 1: Symposium</th>
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<th>SESSION 3: Individual Papers</th>
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<td>9.30</td>
<td><strong>Cosmetic Surgery and Psychological Screening</strong>&lt;br&gt;<strong>Discussant:</strong> David Sarwer&lt;br&gt;<strong>Convenor:</strong> Nicole Paraskeva&lt;br&gt;N. PARASKEVA, N. RUMSEY, A. CLARKE&lt;br&gt;A pilot study to assess the feasibility and acceptability of using a psychological screening tool in private cosmetic practice.&lt;br&gt;K. BADSHA, A. CLARKE, E. BAKER&lt;br&gt;Development of a one item measure of intimacy for use in screening for cosmetic surgery.&lt;br&gt;R. ATHERTON, R. CRAWFORD, S. MCDONALD, K. KEMP, H. MCPHEE, H. MOFFAT, C. SUTHERLAND&lt;br&gt;The Scottish Adult Exceptional Aesthetic Referral Protocol&lt;br&gt;M. GORDON, L. RUBIN&lt;br&gt;The Lived Experience of Young Women Who Have Undergone Breast Reduction Surgery: An Interpretive Phenomenological Analysis</td>
<td><strong>Gendered subjectivities: Exploring appearance and embodiment using qualitative approaches</strong>&lt;br&gt;<strong>Convenors:</strong> Nikki Hayfield and Victoria Clarke&lt;br&gt;M. TRUJILLO&lt;br&gt;‘The last truly dangerous thing’: Young feminist women and their body hair removal practices&lt;br&gt;A. TAZZYMAN&lt;br&gt;Dressing to Impress? Body Modification, self-presentation and the workplace&lt;br&gt;S. HAYES&lt;br&gt;Shrinking women, everyday sexism and internalised misogyny&lt;br&gt;N. PIRAN&lt;br&gt;The endangered flame of sexual desire: The Impact of appearance and desire discourses on embodied sexual desire among adolescent girls</td>
<td><strong>K.J.B. FERAGEN, N.M. STOCK</strong>&lt;br&gt;From childhood to adolescence: Risk and protective factors in cleft lip and/or palate.&lt;br&gt;A. J. CLARKE&lt;br&gt;Sigma, reproduction and genetic disease: self-esteem and the experience of life with hypohidrotic ectodermal dysplasia (HED)&lt;br&gt;N.M. STOCK, A. DIXON-SMITH, T. RUEL, N. RUMSEY&lt;br&gt;Adult Voices: The support needs of adults with cleft lip/palate and implications for practice.&lt;br&gt;C.E. CRERAND, D.B. SARWER, A.E. KAZAK, A. CLARKE, N. RUMSEY&lt;br&gt;Body image and psychosocial functioning in adolescents with and without craniofacial conditions</td>
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<td><strong>TEA &amp; COFFEE:</strong></td>
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<td>11.00</td>
<td><strong>POSTER SESSION</strong></td>
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<td>11.30</td>
<td><strong>David Sarwer</strong>&lt;br&gt;The psychosocial aspects of plastic surgery&lt;br&gt;<strong>KEYNOTE ADDRESS SUPPORTED BY THE HEALING FOUNDATION:</strong></td>
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<td>12.15</td>
<td><strong>LUNCH &amp; POSTERS</strong></td>
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<td>13.15</td>
<td><strong>SESSION 4: Symposium</strong>&lt;br&gt;Genital body image and surgery in men and women.&lt;br&gt;<strong>Convenor:</strong> David Veale&lt;br&gt;<strong>Discussant:</strong> David Sarwer&lt;br&gt;G. SHARP, M. TIGGEMANN&lt;br&gt;Predictors of consideration of labiaplasty: An extension of the sociocultural model of influence.&lt;br&gt;N. ELLISON, V. VEALE, E. ESHKEVAR, A. COSTA, D. ROBINSON, A. KAVOUNI, L. CARDOZO&lt;br&gt;Characteristics and outcome of women seeking labiaplasty: A cohort study.</td>
<td><strong>Session 5: Individual Papers</strong>&lt;br&gt;A. SLATER, M. TIGGEMANN&lt;br&gt;Little girls in a grown up world? Sources of sexualisation, sexualisation awareness and body image in 6-9 year old girls.&lt;br&gt;L. A. RICCIARDELLI, M. P. MCCABE&lt;br&gt;Perceived Sociocultural Messages to Lose Weight, Gain Weight and Increase Muscles among Adolescent Girls and Boys from Tonga, Fiji and Australia&lt;br&gt;L. A. DRAGE&lt;br&gt;The development of body esteem: Relationships between age and body esteem, perceived pressure, internalisation of societal standards of attractiveness and social</td>
<td><strong>SESSION 6: Symposium</strong>&lt;br&gt;Moving forward: Achieving change in research, policy and practice&lt;br&gt;<strong>Convenors:</strong> Diana Harcourt and Nichola Rumsey&lt;br&gt;S. HOSAIN, S. PARVEEN&lt;br&gt;Effectiveness of Community Based Psychosocial Support for People Affected by Acid Burns and Facial Disfigurement in Bangladesh.&lt;br&gt;K. HUMPHRIES, N. STOCK, M. BAILEY, N. RUMSEY, M. PERSSON, B. St. POURCAIN, Y. WREN, J. SANDY&lt;br&gt;The Cleft Collective Cohort Studies</td>
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### SESSION 7: Individual Papers

**N. DEIGHTON-SMITH, H. FAWKNER, G. MARKS, F. FYLAN**  
Factors that predict positive body image among nulliparous pregnant women: A examination of self-esteem, cultural socialisation, and weight control variables.

**A. ALPERIN, M.J. HORNSEY, L.E. HAYWARD, F.K. BARLOW, P.C. DIEDRICH**  
The influence of feminist attitudes on attractiveness ratings.

**D. DETTORE, E. SANTARNECCHI**  
Differential prevalence of depressive and narcissistic traits in agonistic and non-agonistic bodybuilders with muscle dysmophia.

**K. HOLMOVIST GATTARIO, A. FRISSEN, M. FULLER-TYSZKIEWICZ, L. RICCIARDELLI, P. DIEDRICH, Z. YAGER, D. FRANKO, L. SMOLAK**  
Masculinity and muscularity across Western cultures: Gender role conformity and body image among young men in the United Kingdom, the United States, Australia, and Sweden.

**N. AIRS, P. BRUG, C. CAMPBELL, C. SCIPLINO**  
What’s Masculinity got to do with it? Examining the factors that affect body image and eating behaviours in men.

### SESSION 8: Individual Papers

**R RAFIQUE, N HUNT**  
An exploratory study of experiences and coping behaviours of adolescents with alopecia.

**T. D. ALLPORT, N. RUMSEY**  
The social construction of identity, support and resilience in visual difference: interpretative phenomenological analysis of conjoint family interviews after amputation following meningococcal septicemia.

**E. JENKINSON, H.WILLIAMSON, J. BYRON-DANIEL, T. MOSS**  
Psychosocial interventions for children and young people with visible differences: A systematic review of the evidence.

**L. NOTINI, L. GILLAM, M. SPRIGGS, T. PENINGTON**  
Considering the child’s voice in decisions regarding paediatric facial surgery.

**V.A. PILEGGI**  
My mother, my daughter, myself: The mother-daughter relationship and the influence of facial difference.

### SESSION 9: Individual Papers

**N. AL-HADITHY, A. HOSAKERE, KJ. STEWART**  
Does the degree of ptosis predict the degree of psychological morbidity in bariatric patients undergoing massive weight loss body contouring?

**F. BARLOW, A. ALPERIN, LE HAYWARD, MJ HORNSEY, PC DIEDRICH**  
How contact with overweight people is related to how we interact with our bodies and those of others.

**S. WICKWAR, H. McBAIN, D. EZRA, G. ROSE, S. NEWMAN**  
What factors predict quality of life in patients with thyroid eye disease (TED) seeking orbital decompression surgery?

Trauma-related body image distress: Exploring the psychological impact of an appearance-related residual injury associated with intimate partner violence.